

BOW moves

Come to Bow Church, and get active



A day to have fun with your community and let us know what activities you'd like to see at Bow Church.

Drop in or stay for the afternoon.

Karate lessons for all ages with Vera's Bow Academy

Latin dance with Angelique Sinclair

Tea and cake

Children's arts and crafts

11.05.2019 2.30pm - 5.15pm

St Mary's Church, 230 Bow Road, Bow, London E3 3AH

Supported by the Empowering Design Practices Research Project.