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## Holy Week & Easter Services.

### Maundy Thursday - 9th April

7pm - Communal Meal

8pm - Communion

8.30 - Vigil\*

*\*The church will stay open until the last person leaves or until midnight latest*

### Good Friday - 10th April

2-3pm - An hour at the cross followed by Hot Cross Buns.

### Easter Sunday - 12 April

6am - Dawn Vigil at St Leonard's, Bromley by Bow

10:30am - Easter Communion and Baptism

at 7am and 10.30am

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**Cedar.** Cedar is an opportunity for Spiritual growth this Lent. Continuing this Wednesday at 7pm we will gather at the church to explore some rhythms and practices for a renewed life of faith. Cedar is for the whole church and we hope to see as many of you there as possible.

**Exploring Christianity.** Continues this week! It's not too late to join in. This group offers a relaxed atmosphere in which to learn about and discuss the basics of Christianity. We'll meet at the rectory for 4 further Mondays with dinner provided. If you or somebody you know would like to come, email [bowchurch@gmail.com](mailto:bowchurch@gmail.com).

**Coffee Club.** The church is now open on Wednesday mornings for coffee and conversation 10am-12pm. This is an inter-generational space for people of all walks of life to spend time together. Lulu is running banner-making workshops for anyone feeling creative. If you're able to contribute some time on a Wednesday to help welcome guests with tea and coffee, email [bowchurch@gmail.com](mailto:bowchurch@gmail.com).

**Gardening at St Leonard's.** We are partnering with the council and WEN (Women's Environmental Network) to develop St Leonard's Bromley by Bow. Come and garden with us on the 15th and 29th March and more regularly after Easter. Email [bowchurch@gmail.com](mailto:bowchurch@gmail.com) to get involved.

**Prayers.** We pray for those for whom we've been asked to pray, who are sick in body, mind or spirit. Please pray with us – their names are on the hard copy of this newsletter in church.



## ST MARY & HOLY TRINITY BOW CHURCH

[www.bowchurch.org.uk](http://www.bowchurch.org.uk)

**Sunday 15th March**

**3rd Sunday of Lent**

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### Services and Events this week

#### Sunday 15th March

8.30am Holy Communion

10.30am Holy Communion

1.30-3.30 Gardening at St Leonard's

#### Monday 16th March

6.30-8.30pm Exploring Christianity

#### Wednesday 18th March

7.30am Holy Communion

10am-12pm Coffee Club

7pm-9pm Lent Group - Cedar

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## Welcome to Bow Church!

We'd love to meet you - do stay behind for a chat after the service. There's lots going on beyond Sundays, if you'd like to get involved, please speak to someone on the welcome desk, or our Rector,

Tim May